

CHEESE APPLE SLICES

“Tip for Living Well”/Recipe

By Pamela M. Smith, R.D

Here is a great breakfast and snack idea:

**1 slice whole wheat bread
1 half apple, thinly-sliced
1 tablespoon raisins
1 ounce part-skim or nonfat mozzarella cheese**

**Preheat oven to broil.
Top bread slice with apple slices and raisins.
Place cheese on top of apple-raisin layer.
Broil until cheese is bubbly.**

Makes 1 serving.

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